

# Swindon Harriers

## U11 Fundamentals Performance Metrics

September 2024 (Next Update: early October 2024)

Purple	Performing At Average Level of a Year 6 Athlete
Gold	Top level for Year 5-6 Athlete
Silver	2nd level for Year 5-6 Athlete
Bronze	3rd level for Year 5-6 Athlete
Fourth	4th level for Year 5-6 Athlete
Ungraded	Athlete not assessed

Sources: English Schools Athletic Association (ESAA) Awards Scheme 2023, Topend Sports Beep Test Norms and Ratings and past Wessex Track and Field League Quad Kids Results

Note: These grades are for School Year 5 & 6 athletes, except for the 400m which uses School Year 4 grade values.

Athlete ID	Year	Gender	Beep Test Level	Beep Test Standard	75 Metres Standard	75 Metres Standard	Long Jump Standard	Long Jump Standard	400 Metres Standard	400 Metres Standard	600 Metres Standard	600 Metres Standard	Howler Metres	Howler Standard
0	5	F	3.2	Fourth	14.62	Bronze	2.30	Bronze	01:49.4	Silver	00:00.0	Ungraded	10.80	Fourth
17AS	5	F	3.2	Fourth	14.62	Bronze	2.30	Bronze	01:49.4	Silver	00:00.0	Ungraded	10.80	Fourth
51PY	5	F	5.4	Silver	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
68DH	5	F	4.7	Bronze	12.04	Gold	3.00	Silver	01:31.7	Gold	00:00.0	Ungraded	13.90	Fourth
21PL	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
82NA	5	F	0.0	Ungraded	12.99	Silver	2.95	Silver	01:39.0	Gold	00:00.0	Ungraded	15.50	Fourth
14DW	5	F	5.0	Silver	14.79	Bronze	2.50	Bronze	01:52.3	Silver	00:00.0	Ungraded	10.60	Fourth
52LE	5	F	4.5	Bronze	14.46	Bronze	2.80	Bronze	01:42.0	Silver	00:00.0	Ungraded	12.00	Fourth
69SY	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
12PF	5	F	4.2	Bronze	13.55	Silver	2.48	Bronze	01:46.0	Silver	00:00.0	Ungraded	14.90	Fourth
40LU	5	F	4.5	Bronze	13.70	Silver	2.35	Bronze	01:46.0	Silver	02:21.0	Gold	16.10	Fourth
14IG	5	F	7.1	Purple	12.00	Silver	2.83	Silver	01:30.6	Gold	02:17.2	Gold	22.20	Silver
77ED	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
67DH	5	F	0.0	Ungraded	15.14	Bronze	2.12	Fourth	02:00.0	Bronze	00:00.0	Ungraded	11.35	Fourth
52UF	5	F	4.2	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
32PFDL	5	F	3.8	Fourth	13.29	Silver	2.53	Bronze	01:34.2	Gold	00:00.0	Ungraded	9.20	Fourth
523P	5	F	4.3	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
40SX	5	F	4.7	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
52RF	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
22FJ	5	F	0.0	Ungraded	13.60	Silver	2.32	Bronze	01:35.0	Gold	00:00.0	Ungraded	13.90	Fourth
34SE	5	F	3.0	Fourth	0.00	Ungraded	0.00	Ungraded	01:35.0	Silver	00:00.0	Ungraded	13.40	Fourth
34AP	5	F	0.0	Ungraded	13.09	Silver	0.00	Ungraded	01:34.0	Silver	00:00.0	Ungraded	8.80	Fourth
13NF	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
72LF	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
14EZ	5	F	5.0	Silver	15.49	Fourth	2.25	Fourth	01:41.0	Silver	00:00.0	Ungraded	0.00	Ungraded
22FH	5	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	01:38.0	Gold	00:00.0	Ungraded	6.40	Fourth
49BG	5	F	5.1	Silver	15.23	Bronze	2.55	Bronze	01:49.0	Silver	00:00.0	Ungraded	20.90	Bronze
75SR	5	F	6.5	Silver	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
48BW	5	M	0.0	Ungraded	11.80	Gold	3.11	Silver	01:17.0	Purple	02:04.3	Gold	29.55	Silver
55PW	5	M	6.4	Silver	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
56EG	5	M	0.0	Ungraded	11.70	Gold	3.15	Silver	01:25.6	Gold	02:06.9	Gold	26.83	Silver
14IC	5	M	0.0	Ungraded	12.42	Gold	3.12	Silver	01:30.0	Gold	02:22.0	Gold	28.50	Silver
68NW	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
72EL	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
27AJ	5	M	0.0	Ungraded	14.46	Bronze	2.61	Bronze	01:58.0	Bronze	00:00.0	Ungraded	0.00	Ungraded
51RF	5	M	4.6	Bronze	12.43	Gold	0.00	Ungraded	01:30.0	Gold	00:00.0	Ungraded	16.40	Fourth
40RU	5	M	0.0	Ungraded	14.46	Bronze	2.46	Bronze	01:36.0	Silver	02:26.0	Gold	9.30	Fourth
58NS	5	M	8.1	Gold	12.30	Gold	3.04	Silver	01:32.5	Gold	02:22.3	Gold	20.30	Bronze
27HT	5	M	0.0	Ungraded	13.40	Silver	2.42	Bronze	01:40.0	Silver	00:00.0	Ungraded	18.20	Fourth
66LR	5	M	9.7	Purple	12.50	Gold	2.85	Bronze	01:21.0	Gold	00:00.0	Ungraded	20.70	Bronze
54ZD	5	M	5.5	Bronze	12.61	Silver	0.00	Ungraded	01:34.9	Gold	00:00.0	Ungraded	0.00	Ungraded
12PN	5	M	0.0	Ungraded	11.93	Gold	0.00	Ungraded	01:27.0	Gold	00:00.0	Ungraded	14.90	Fourth
54GF	5	M	4.0	Fourth	15.07	Bronze	3.00	Silver	01:56.0	Bronze	00:00.0	Ungraded	9.00	Fourth
0	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
49DC	5	M	6.1	Silver	0.00	Ungraded	0.00	Ungraded	01:29.0	Gold	02:35.6	Silver	26.60	Silver
71BU	5	M	0.0	Ungraded	13.20	Silver	3.00	Silver	01:35.0	Gold	00:00.0	Ungraded	0.00	Ungraded
34NP	5	M	0.0	Ungraded	12.06	Gold	3.15	Silver	01:22.0	Gold	00:00.0	Ungraded	23.70	Bronze
22FN	5	M	0.0	Ungraded	12.84	Silver	0.00	Ungraded	01:41.0	Silver	00:00.0	Ungraded	21.00	Bronze
14NA	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
27AG	5	M	4.8	Bronze	12.25	Gold	2.14	Silver	01:31.3	Gold	00:00.0	Ungraded	2.00	Ungraded
51CJ	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
32PFDL	5	M	0.0	Ungraded	13.52	Silver	2.05	Fourth	01:56.2	Bronze	00:00.0	Ungraded	8.20	Fourth
35BU	5	M	0.0	Ungraded	12.68	Silver	2.72	Bronze	01:38.2	Silver	02:26.0	Gold	16.20	Fourth
0	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
27OP	5	M	0.0	Ungraded	12.68	Silver	2.83	Bronze	01:29.0	Gold	02:35.6	Silver	26.60	Silver
56EZ	5	M	8.7	Gold	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
40HH	5	M	0.0	Ungraded	15.30	Fourth	2.23	Fourth	01:36.0	Silver	02:31.0	Gold	13.30	Fourth
34HP	5	M	0.0	Ungraded	13.21	Silver	3.05	Silver	01:30.6	Gold	00:00.0	Ungraded	25.50	Silver
68HZ	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
68JI	5	M	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
34SK	5	M	0.6	Bronze	15.05	Gold	2.00	Ungraded	01:22.0	Gold	00:00.0	Ungraded	0.00	Ungraded
49EE	5	M	0.0	Ungraded	15.50	Fourth	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	12.30	Fourth
31ND	5	M	0.0	Ungraded	14.17	Bronze	3.00	Silver	01:28.0	Gold	02:15.0	Gold	20.90	Bronze
0	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
66DG	4	F	6.1	Gold	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
0	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
0	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
54FR	4	F	0.0	Ungraded	12.85	Gold	2.18	Fourth	01:38.4	Gold	02:28.0	Gold	9.30	Fourth
33FZ	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
34FW	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
27TG	4	F	0.0	Ungraded	14.20	Bronze	2.23	Fourth	01:51.4	Silver	00:00.0	Ungraded	18.70	Bronze
32NW	4	F	4.1	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
47SD	4	F	4.5	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
68AB	4	F	6.1	Gold	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
52UB	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
75ED	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
56EH	4	F	6.1	Gold	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
54FE	4	F	4.5	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
51AL	4	F	3.6	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
51QE	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
0	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
21AR	4	F	3.1	Fourth	0.00	Ungraded	0.00	Ungraded	02:37.0	Fourth	00:00.0	Ungraded	6.40	Fourth
12PR	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
52DR	4	F	6.1	Silver	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
36DR	4	F	3.8	Fourth	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
32JG	4	F	4.5	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
21OQ	4	F	0.0	Ungraded	13.80	Silver	2.73	Bronze	01:35.0	Gold	02:27.0	Gold	16.42	Fourth
22SO	4	F	7.0	Gold	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
34HO	4	F	0.0	Ungraded	14.75	Gold	2.42	Bronze	01:45.0	Silver	00:00.0	Ungraded	13.30	Fourth
27BB	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
54AX	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
43QT	4	F	0.0	Ungraded	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
21AG	4	F	4.5	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
69DG	4	F	4.5	Bronze	0.00	Ungraded	0.00	Ungraded	00:00.0	Ungraded	00:00.0	Ungraded	0.00	Ungraded
35IN	4	F												