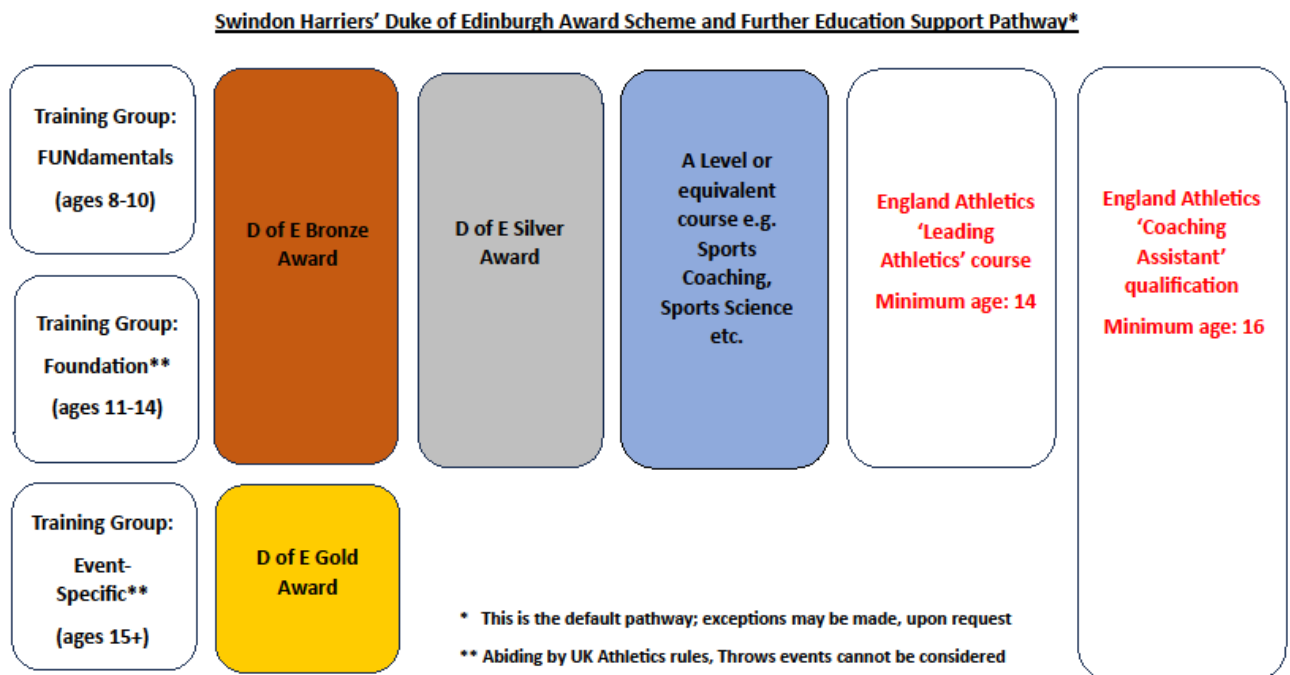


Swindon Harriers' Further Education and Athletics Coaching Development Pathway

Swindon Harriers Athletics Club actively supports students participating in the Duke of Edinburgh (DofE) Awards Scheme, those who would like sports-focused work experience to fulfil Further Education obligations, and club members who are interested in broadening and deepening their skills for the benefit of the Club.

The Pathway below is our default:



DofE Bronze

With an eye on addressing the student's DofE personal goal, the student will work alongside a dedicated UKA-qualified Coach or Coaching Assistant on a specific event for the three months the Scheme requires. Initially becoming familiar with the staff, the facility, the equipment, and the young athletes, the student will progress to a more active role demonstrating elements of a technical skill the young athletes are to learn and master.

DofE Silver

Similar to Bronze but for six months and working with an older age group and to a more technical level. By the end of their placement, the student will feel confident leading part of a training session.

DofE Gold

Similar to Silver but for a twelve-month period of volunteering. The student would be expected to learn and eventually deliver one or more training sessions under the oversight of a UKA qualified event coach.

Further Education Work Experience

Swindon Harriers is delighted to be a partner of New College, Swindon. We welcome interest from students even if they don't have a background in athletics.

The format is similar to DofE Bronze although if the student's hours required are more timebound e.g. to be completed in a short timeframe, we have in the past had work experience students spend time with both the Wednesday night Foundation Group and the Thursday night FUNdamentals Group, ideally under the same dedicated UKA Coach or Coaching Assistant.

Student Feedback

Feedback will be shared during sessions, to aid the student's development. At the end of their time, the dedicated Coach or Coaching Assistant will complete the DofE Assessor's Report, or any work experience report requested by New College, Swindon.

England Athletics courses and qualifications

Members aged 14 and older (subject to the Club Committee's approval) may pursue either:

- **The Leading Athletics workshop:** 3 hours of on-line training over two sessions. 'This is aimed at individuals who are interested in an introduction to the skills needed in leading athletics activities for young athletes. It's perfect for athletes aged 14+ wanting to support younger members at their club or parents who want to take their first steps into volunteering and leading. Individuals completing the course will be able to support an Athletics Coach leading elements of a training session.' – England Athletics
- **England Athletics Coaching Assistant:** For individuals aged 16+, 'The course is designed to introduce providing...safe and enjoyable athletics experiences for young people... The course covers warm-ups, the basic principles, and underpinning principles of running, jumping, throwing, cool downs, and how to organise safe and fun sessions for a mixed ability group of athletes.' – England Athletics. The Coaching Assistant qualification is a pre-requisite for anyone interested in qualifying as an England Athletics Coach. Either:
 - Four online self-guided learning modules and a Practical Day. The Practical Day will look to apply the theoretical knowledge covered in the online modules in a practical environment. There is no assessment element, or
 - Four online self-guided learning modules, a 75-minute virtual classroom session and remote feedback from a coach developer of a supervised session. The participant will need to film themselves (complying with UK Athletics welfare requirements) leading and reflecting on two supervised activities, including running, jumping, throwing activities. The participant will be directed to upload these films to England Athletics' DREAMS platform, where a Coach Developer will review the coaching and provide developmental feedback.

Notes:

- Under England Athletics rules, Throws-specific events cannot be considered under our Pathway.
- The Club welcomes applications for funding on the proviso the applicant is committed to using their acquired skills and knowledge to regularly deliver coaching and coaching support to the Club.

Document Owner: Swindon Harriers Schools Liaison Officer

Approved and Adopted by Swindon Harriers Athletics Club Committee on: TBC

2023 V1.0 17th June 2023